

Progress Report: Sri Lanka Clinical Trials Registry

SLCTR registration number: SLCTR/2018/017

Scientific title of trial: A lifestyle modification intervention to address selected cardiovascular risk factors in overweight and obese women aged 35-44 years in Medical Officer of Health area Bandaragama and Horana

Date of commencement (enrolment of first participant): 20th June 2018

Progression: 6 months

1. Baseline data

Any changes to the trial design/ methodology/ protocol after commencement: No

Any changes to trial outcomes after commencement: No

2. Current status

Recruitment status: complete

Number assessed for eligibility: 2800

Number recruited and allocated/randomized: 640

Number allocated/randomized to each intervention/arm (please edit as relevant):

Arm 1: 320

Arm 2: 320

Losses/exclusions after allocation/randomization (please edit as relevant):

Arm 1: 59

Arm 2: 42

3. Trial output

Date of trial completion ("last patient, last visit"): follow up screening is still going on

Final sample size: