

# Progress Report: Sri Lanka Clinical Trials Registry

---

SLCTR registration number: SLCTR/2024/005

Scientific title of trial:

Effectiveness of supervised telerehabilitation program versus standard physiotherapy program on pain and disability in patients with chronic non-specific neck pain, RCT

Date of commencement (enrolment of first participant):

Progression: 6 months  1 year  2 years  3 years

At completion

---

## 1. Baseline data

Any changes to the trial design/ methodology/ protocol after commencement: **No**

Any changes to trial outcomes after commencement: **No**

## 2. Current status

Recruitment status: pending/ recruiting/ **recruitment complete: follow up continuing**/ recruitment complete: follow up complete/ recruitment suspended / recruitment terminated

Number assessed for eligibility: **255**

Number recruited and allocated/randomized: **134**

Number allocated/randomized to each intervention/arm (please edit as relevant):

Telerehabilitation Group : **65**

Standard Care Group : **69**

Losses/exclusions after allocation/randomization (please edit as relevant):

Telerehabilitation Group : **6**

Standard Care Group : **4**

## 3. Trial output

**None**

Date of trial completion (□last patient, last visit□):

Final sample size:

#### Summary of Interim/Final data (if available):

## Abstract presentations of results at scientific meetings

*Note: please include a URL link or scanned copy of the abstract*

<b>Title of Abstract</b>	<b>Full citation (please include authors, date, title of conference and place of presentation, page number of abstract).</b>

## Publications

*Note: please include a URL link or scanned copy of the publication*

<b>Title of paper</b>	<b>Full citation (please include authors, title of journal, volume, issue and page numbers, and/or DOI)</b>

A decorative horizontal bar consisting of a series of small, empty square boxes, likely a placeholder for a logo or a decorative element.

Name and signature of Responsible Registrant/  
Principal Investigator

Date: 17th August 2024